

Language for Resilience

Teaching and Learning in Difficult Times

August 2022 – March 2023

The impact of the war on education, following years of disruption as a result of Covid-19, is enormous for both teachers and learners.

The 30-hour teacher development training course **Teaching and Learning in Difficult Times** is based on the British Council **Language for Resilience** course and aims to help teachers identify the inherent teaching and learning difficulties that appear in conflict areas and explore ways in which teachers can support learners.

The training programme allows teachers to **engage** with the content and **personalise** it. Course participants have an opportunity to **share their experience** with their peers.



“ Communication and collaboration with other teachers gave me oxygen to live and to think of teaching again, I see how it was necessary for me.

Our participants

Teachers work with their learners both **face-to-face** and **online**.

Teachers feed back increased confidence and raised awareness of how to create **safer learning environment** in their classroom.

Teachers confirm **sharing their knowledge and experience** with colleagues.

303

teachers from Ukraine

231

schools

20

regions of Ukraine



Trainers

A cohort of the experienced British Council **Ukrainian Master Trainers (UMT)** have been contracted to deliver the course.

The field specific support is provided by **Chris Sowton**, a lead consultant, **Christiana Osan** and **Lyudmila Klymenko**.

What teachers learn

Module 1

How to deal with **trauma and its effects** in the classroom.

Physical and emotional safety for learners in their classroom through practical teaching strategies.

Module 2

How to deal with **very challenging behaviour**.

Practical trauma-informed classroom strategies to **manage distressed behaviour**.

Module 3

How to create a **safe space in the classroom** for learners.

Practical strategies within classrooms **to make them safer spaces**.

What teachers think about the course

“ This course helped me recognize my learners’ difficulties. I have learned some useful techniques of creating physical and emotional safety in my classroom, different ways of managing challenging behaviour as well as helping my students recover from trauma.

“ Being part of an engaging community gave me a sense of belonging. It allowed me to share my personal experience and support my continuous development as a teacher.

“ This training was very useful for me. I will try to do my best to create safe classroom in my school and to share all information that I have learned on this training with my colleagues.

What teachers feel about the course

“ We felt relaxed and powerful people who can make a difference. We recharged in a calm and positive atmosphere and now we are ready to make positive atmosphere in our classrooms.

“ We have to be a role model for our kids. To make a safe environment and positive atmosphere. We have to show our students that they can trust us.

“ The key benefits [of the course] are meeting colleagues who have the same problems connected to stress and fear and are ready to share how to solve them together.

“ Possibility to express as much as possible moral support to Ukrainian teachers, students and their parents in the wartimes; get to know how to deal with challenges in a new reality.

The first thing teachers will do when they are back to their classrooms

“ Change some of my attitudes and be more aware of my students’ feelings.

“ Offer my learners to have a 5 mins break if needed and to use a calm down box for it.

“ Change some classroom routines, start organising calm down center in my classroom.

“ Tell my children once again how important it is to learn English, I will tell them about the British Council, about its teachers, about their good deeds for our Ukrainian school.



“ Teachers are at the front line of education. – *Chris Sowton*

Voices

Organisers

of International Summer
School 'Teaching and Learning
in Difficult Times'

youtu.be/VA-gbWzCq9A

Participants

of International Summer
School 'Teaching and Learning
in Difficult Times'

youtu.be/ulwaCWE3FWI



ep_team@britishcouncil.org

